

**FIRST MONTH (MARCH, 2016) PLACEMENT REPORT FOR
OWEKA PIUS, PHYSIOTHERAPIST ON INTERNSHIP AT KAGANDO HOSPITAL
PHYSIOTHERAPY DEPARTMENT.**

AS PER 01/04/2016

Introduction.

The placement intended to develop the ability and equip native Ugandans with relevant skills to common ill-health conditions in plastic and reconstructive surgery facilitated by Interface Uganda.

Arrival and Orientation.

It was on Sunday, 28th February, 2016 that I arrived at Kagando where I was received and oriented to the new environment by Kenneth Pascal Ochom, a physiotherapist at Kagando Hospital.

Major Objectives.

The following were my major objectives in the placement which is to last for three months;

- ⇒ To improve my competence and skills by learning from other therapists in different hospitals. (Pascal from Kagando this time)
- ⇒ To practice full assessment towards different cases that I shall come across at Kagando and also apply the theories, knowledge and clinical reasoning I have so far acquired.
- ⇒ To practice effective communication skills with patients and caretakers of multi-ethnic and varying cultural backgrounds, gain their compliance and also improve my communication ability with other health care teams.
- ⇒ To expose me to new friends and widen my scope for future employment opportunities.
- ⇒ To familiarise myself with different hospital settings and adapt to varieties of environment so as to prepare for wider areas of operation in future.

Relevance of having a student at Kagando hospital physiotherapy department.

Simply workforce in terms of additional skilled hands will have increased but in view of the real situation here at Kagando it makes treatment of patients timely and effective because of the following facts about Kagando hospital;

1. The hospital has only one physiotherapist to assess, treat and review all in patients from 5 wards plus all the out patients.
2. The hospital receives many patients at the physiotherapy department each day
3. Sometimes the physiotherapist is required to go and attend workshops and seminars to refresh his knowledge and skills leaving no one behind to treat the patients.

Therefore in my own opinion it's really of great importance to have a student at Kagando hospital physiotherapy department.

The patients I have assessed and treated independently.

I have worked with Kenneth on several patients but I have independently assessed and treated many patients on the wards and at the department. A summary of my patients is as below;

Table 1: Treatment summary per day.

DATES (2016)	NAMES	AGE/SEX	ADDRESS	CONDITION	TREATMENT GIVEN
MON. 29/02		69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	HEAT THERAPY, SPINAL MOB. GRD II, STM, BACK CARE TECHNIQUES.
		14/F	KISINGA	-REPAIRED ACHILLE'S TENDON	CALF MUSCLE STRENGTHENING EXS, MANIPULATIONS.
		45/M	CUSTOMS	-MECHANICAL LBP	STM, SPINAL MANIPULATION, ELECTRICAL STIMULATION (TENS)
		20/F	KAGANDO I	MECHANICAL LBP	STM, SPINAL MANIPULATION, ELECTRICAL STIMULATION (TENS)
TUE. 01/03		48/F	BUNYARUGURU	EARLY DEG. LUMBAR SPONDYLOSIS	HEAT THERAPY, STM, SPINAL MOBILISATION,
		4/12/M	KAGANDO	CLUBFOOT	TISSUE MANIPULATION, POP CAST AND SPLINTING.
WED. 02/03		53/M	KYONDO	POST ≠ OLECRANON RT ELBOW JOINT STIFFNESS	ELBOW JOINT FREE ACTIVE MOBILISATION EXSS, RESISTED EXS.
		69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	SPINAL MOMBILISATION EXS, STM , HEAT THERAPY. LUMBAR TRACTION TECHNIQUES
		20/F	KAGANDO I	MECHANICAL LBP	STM, SPINAL MANIPULATION, ELECTRICAL STIMULATION (TENS)
		62/M	KIREMBE	ANKLE JOINT OA	STM, FREE ACTIVE JOINT MOMBILISATION EXS, RESISTED EXS.
THUR. 03/04		14/F	KISINGA	-REPAIRED ACHILL'S TENDON	CALF MUSCLE STRENGTHENING EXS, MANIPULATIONS.
		56/F	KIBURARA	LUMBAR SPONDILITIS	SPINAL MOMBILISATION EXS, STM, RELAXATION POSITIONING, BACK CARE PRECAUTIONS
		45/M	CUSTOMS	-MECHANICAL LBP	CRYOTHERAPY, STM, SPINAL MANIPULATION.
		69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	HEAT THERAPY, STM, SPINAL MOBILISATION, LUMBO-SACRAL SUPPORT.
FRI. 04/03		53/M	KYONDO	POST ≠ OLECRANON RT ELBOW JOINT STIFFNESS	HEAT THERAPY, STM, MOBILISATION EXS FOR THE ELBOW JOINT.
		48/F	BUNYARUGURU - NDKYE	EARLY DEG. LUMBAR SPONDYLOSIS	HEAT THERAPY, STM, SPINAL MOBILISATION, BACK CARE PRECAUTIONS.
		14/F	KISINGA	-REPAIRED ACHILL'S TENDON	STM, TENS AND CALF MUSCLE STRENGTHENING EXS,
SAT. 05/03		55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	WEIGHT BEARING &STRENGTHENING EXERCISES, PNF TECHNIQUES GAIT RE-EDUCATION

SUN. 06/03		55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	WEIGHT BEARING &STRENGTHENING EXERCISES, PNF TECNIQUES GAIT RE-EDUCATION
MON. 07/03		20/F	KAGANDO I	MECHANICAL LBP	STM, SPINAL MANIPULATION, ELECTRICAL STIMULATION (TENS)
		11/12/M	KARAMBI	SPASTIC C.P SECONDARY TO BIRTH ASPHYXIA	PASSIVE MOVEMENTS, STRETCHING -POSTURE RE-EDUCATION -TRAIN MOTHER ON CHILD HOME CARE
		55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	WEIGHT BEARING &STRENGTHENING EXERCISES, PNF TECNIQUES GAIT RE-EDUCATION
		69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	HEAT THERAPY, STM, SPINAL MOBILISATION, BACK CARE PRECAUTIONS.
TUE. 08/03		55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	WEIGHT BEARING &STRENGTHENING EXERCISES, PNF TECNIQUES GAIT RE-EDUCATION
		53/M	KYONDO	POST ≠ OLECRANON RT ELBOW JOINT STIFFNESS	HEAT THERAPY, STM, MOBILISATION EXS FOR THE ELBOW JOINT.
WED. 09/03		52/M	KAGANDO HOSP.	RT. HIP JOINT STRAIN	CRYOTHERAPY, STM, REST.
		55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	WEIGHT BEARING, STRENGTHENING EXERCISES, PNF,GAIT RE-EDUCATION
		20/F	KAGANDO I	MECHANICAL LBP WITH RT. PELLVIC TILT.	-HEAT THERAPY, STM, LUMBAR TRACTION TECHNIQUE -BACK EXTENSION EXS, SELF BACK CARE EDUCATION, LEFT LEG STRENGTHENING EX.
		56/F	KIBURARA	LUMBAR SPONDILITIS	SPINAL MOMBILISATION EXS, STM, RELAXATION POSITIONING, BACK CARE PRECAUTIONS
THUR. 10/03		2 ¹ / ₂ /M	KIBURARA	INJECTION NEURITIS	STM, PASSIVE MUSICULAR STIMULATION, WEIGHT BEARING EXS.
		⁴ / ₁₂ /F	BUGHOYE	CLUB FOOT	TISSUE MANIPULATION, POP CAST AND SPLINTING.
		² / ₁₂ /M	KAMUGHOBE	CLUB FOOT	TISSUE MANIPULATION, POP CAST AND SPLINTING.
		⁵ / ₁₂ /M	PAED. WRD	SPASTIC C.P SEC. TO ENCEPHALITIS	PASSIVE MOVEMENTS, STRETCHING -POSTURE RE-EDUCATION -TRAIN MOTHER ON CHILD HOME CARE
FRI. 11/03		33/F	KHABWHE	MECHANICAL LBP	HEAT THERAPY, STM, LUMBAR TRACTION TECHNIQUE -BACK EXTENSION EXS, SELF BACK CARE
		6/12/F	MUNTUKH	DYSTONIC C.P	PASSIVE MOVEMENTS, STRETCHING -POSTURE RE-EDUCATION -TRAIN MOTHER ON CHILD HOME CARE
		25/F	KATUNGURU	POST RADIAL FRACTURE ELBOW STIFFNES	ELBOW FREE ACTIVE MOMBILISATION EXERCISES.
		36/F	KARAMBI	P. I DISC L5/S1	ICE THERAPY, STM, SPINAL MANIPULATIONS, BACK CARE TRAINING.
		48/F	NDEKYE	EARLY DEG. LUMBAR SPONDYLOSIS	HEAT THERAPY, STM, -BACK EXTENSION EXS -SELF BACK CARE EDUCATION
		20/F	KAGANDO I	MECHANICAL LBP WITH RT.	-HEAT THERAPY, STM, LUMBAR TRACTION

MON 14/03				PELLVIC TILT.	-BACK EXTENSION EXS -SELF BACK CARE EDUCATION
		4/12/M	BUNYISWA	CP-SPASTIC	PASSIVE MOVEMENTS, STRETCHING -POSTURE RE-EDUCATION -TRAIN MOTHER ON CHILD HOME CARE
		11/12/M	KANYAMUN	CP –ATHETOID	-WEIGHT BEARING/STANDING FRAME STRENGTHENING EXERCISES, PNF TECHNIQUES
		55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	WEIGHT BEARING &STRENGTHENING EXERCISES, PNF TECNQUES GAIT RE-EDUCATION
TUE. 15/03		6/F	KINYAMASEKE	CLUB FOOT	TISSUE MANIPULATION,POP CAST, SPLINTING
		50 /M	KAMUGOBE	CHEST PAIN + LEFT SIDE HEMIPAREISIS 2 ⁰ STROKE.	STROKE REHAB, CHEST MOBILIZATION EXS; DEEP BREATHING EXS, CHEST EXPANSION EXERCISES
		⁴ / ₁₂ /M	KAGANDO	CLUBFOOT	REMOVE POP CAST ,TISSUE MANIPULATION, AND SPLINTING USING SHOE BRACES
		55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	WEIGHT BEARING &STRENGTHENING EXERCISES, PNF TECNQUES GAIT RE-EDUCATION
WED. 16/03		02/M	KISINGA	SPASTIC C. P DUE TO CEREBRAL MALARIA	PASSIVE JROM, STRETCHING, RELAXATION POSITIONING,
		50/F	BWERA	RT. SIDE HEMIPAREISIS 20 STROKE	WEIGHT BEARING &STRENGTHENING EXERCISES, PNF TECNQUES GAIT RE-EDUCATION
		11/12/M	KANYAMUN	CP –ATHETOID	-WEIGHT BEARING/STANDING FRAME, STRENGTHENING EXERCISES, PNF TECHNIQUES
		50 /M	KAMUGOBE	CHEST PAIN + LEFT SIDE HEMIPAREISIS 2 ⁰ STROKE.	STROKE REHAB, CHEST MOBILIZATION EXS; DEEP BREATHING EXS, CHEST EXPANSION EXERCISES
THUR. 17/03		32/M	RWESORORO	PAINFUL BACK THIGH WITH PIRIFORMISSYNDROME	PIRIFORMIS STRETCHING, SOFT TISSUE MANIPULATION. TENS (ELECTRICAL STIMULATION.
		58/F	KATOHO	LEFT UPPER LIMB HEMIPAREISIS	PNF, GENERAL UPPER ARM STRENGTHENING EXERCISES
		62/M	KIREMBE	ANKLE JOINT OA	STM, FREE ACTIVE JOINT MOMBILISATION EXS, RESISTED EXS.
FRI. 18/03		49/F	KISINGA	LOW BACK PAIN + SCIATICA + REDUCED LODOTIC CURVE	HEAT THERAPY , BACK EXTENSION EXS, USE OF A ROLLER PILLOW
		50 /M	KAMUGOBE	CHEST PAIN + LEFT SIDE HEMIPAREISIS 2 ⁰ STROKE.	STROKE REHAB, CHEST MOBILIZATION EXS; DEEP BREATHING EXS, CHEST EXPANSION EXERCISES
		02/M	KISINGA	SPASTIC C. P DUE TO CEREBRAL MALARIA	PASSIVE JROM, STRETCHING, RELAXATION POSITIONING, SPLINTS PROVIDED
		47/F	KISINGA	LOWER MOTOR FACIAL PALSY	NEUROMUSCULAR STIMULATION,

SAT. 19/03					FACIAL EXERCISES
		⁵ / ₁₂ /M	PAED. WRD	SPASTIC C.P SEC. TO ENCEPHALITIS	PASSIVE MOVEMENTS, STRETCHING -POSTURE RE-EDUCATION -TRAIN MOTHER ON CHILD HOME CARE
		49/F	KISINGA	LOW BACK PAIN + SCIATICA + REDUCED LODOTIC CURVE	HEAT THERAPY , BACK EXTENSION EXS, USE OF A ROLLER PILLOW, SPINAL MANIPULATION
		50 /M	KAMUGOBE	CHEST PAIN + LEFT SIDE HEMIPARESIS 2 ⁰ STROKE.	STROKE REHAB, CHEST MOBILIZATION EXS; DEEP BREATHING EXS, CHEST EXPANSION EXERCISES
MON. 21/03		50 /M	KAMUGOBE	CHEST PAIN + LEFT SIDE HEMIPARESIS 2 ⁰ STROKE.	STROKE REHAB, CHEST MOBILIZATION EXS; DEEP BREATHING EXS, CHEST EXPANSION EXERCISES
		4/12/M	BUNYISWA	CP-SPASTIC	PASSIVE MOVEMENTS, STRETCHING -POSTURE RE-EDUCATION -TRAIN MOTHER ON CHILD HOME CARE
		⁵ / ₁₂ /M	PAED. WRD	SPASTIC C.P SEC. TO ENCEPHALITIS	PASSIVE MOVEMENTS, STRETCHING -POSTURE RE-EDUCATION, TRAIN MOTHER ON CHILD HOME CARE
TUE. 22/03		47/F	KISINGA	LOWER MOTOR FACIAL PALSY	NEUROMUSCULAR STIMULATION, FACIAL EXERCISES
		20/F	KAGANDO I	MECHANICAL LBP WITH RT. PELLVIC TILT.	-HEAT THERAPY, STM, LUMBAR TRACTION TECHNIQUE -BACK EXTENSION EXS -SELF BACK CARE EDUCATION
		69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	HEAT THERAPY, STM, SPINAL MOBILISATION, BACK CARE PRECAUTIONS.
		48/F	BUNYARUGURU - NDKYE	EARLY DEG. LUMBAR SPONDYLOSIS	HEAT THERAPY, STM, SPINAL MOBILISATION, BACK CARE, PRECAUTIONS.
		4/12/M	BUNYISWA	CP-SPASTIC	PASSIVE MOVEMENTS, STRETCHING, -POSTURE RE-EDUCATION -TRAIN MOTHER ON CHILD HOME CARE
		33/F	KHABWHE	MECHANICAL LBP	HEAT THERAPY, STM, LUMBAR TRACTION TECHNIQUE -BACK EXTENSION EXS, SELF BACK CARE
WED. 23/03		11/12/M	KANYAMUN	CP –ATHETOID	WEIGHT BEARING/STANDINGFRAME STRENGTHENING EXS, PNF TECHNIQUES
		69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	HEAT THERAPY, STM, SPINAL MOBILISATION, BACK CARE PRECAUTIONS.
		⁵ / ₁₂ /M	PAED. WRD	SPASTIC C.P SEC. TO ENCEPHALITIS	PASSIVE MOVEMENTS, STRETCHING POSTURE RE-EDUCATION, TRAIN MOTHER ON CHILD HOME CARE
THUR. 24		59/M	LUHWAHWA	LEFT SIDE HEMIPARESIS FOLLOWING HEMORRHAGIC STROKE	STROKE REHAB INCLUDING; WEIGHT BEARING, GAIT REEDUCATION
		47/F	KISINGA	LOWER MOTOR FACIAL PALSY	NEUROMUSCULAR STIMULATION, FACIAL EXERCISES
		33/F	KHABWHE	MECHANICAL LBP	HEAT THERAPY, STM, LUMBAR TRACTION TECHNIQUE -BACK EXTENSION EXS, SELF BACK CARE
		⁴ / ₁₂ /F	BUGHOYE	CLUB FOOT	POP CAST REMOVAL, TISSUE MANIPULATION, AND SPLINTING USING FOOT BRACES
		59/M	LUHWAHWA	LEFT SIDE HEMIPARESIS FOLLOWING	STROKE REHAB INCLUDING; WEIGHT BEARING, GAIT RE-EDUCATION

FRI. 25/03				HEMORRHAGIC STROKE	
		69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	HEAT THERAPY, STM, SPINAL MOBILISATION, BACK CARE PRECAUTIONS.
		02/M	KISINGA	SPASTIC C. P DUE TO CEREBRAL MALARIA	PASSIVE JROM, STRETCHING, RELAXATION POSITIONING, SPLINTS PROVIDED
		33/F	KHABWHE	MECHANICAL LBP	HEAT THERAPY, STM, LUMBAR TRACTION TECHNIQUE -BACK EXTENSION EXS, SELF BACK CARE
SAT. 26/03		59/M	LUHWAHWA	LEFT SIDE HEMIPARESIS FOLLOWING HEMORRHAGIC STROKE	STROKE REHAB INCLUDING; WEIGHT BEARING, GAIT REEDUCATION
		02/M	KISINGA	SPASTIC C. P DUE TO CEREBRAL MALARIA	PASSIVE JROM, STRETCHING, RELAXATION POSITIONING, SPLINTS PROVIDED
MON. 28/03		59/M	LUHWAHWA	LEFT SIDE HEMIPARESIS FOLLOWING HEMORRHAGIC STROKE	STROKE REHAB INCLUDING; WEIGHT BEARING, GAIT RE-EDUCATION, ELECTRICAL MUSCLE STIMULATION.
		47/F	KISNIGA	LOWER MOTOR FACIAL PALSY	NEUROMUSCULAR STIMULATION, FACIAL EXERCISES
		48/F	BUNYARUGURU	EARLY DEG. LUMBAR SPONDYLOSIS	HEAT THERAPY, STM, SPINAL MOBILISATION,
		69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	HEAT THERAPY, STM, SPINAL MOBILISATION, BACK CARE PRECAUTION
TUE. 29/03		33/F	KHABWHE	MECHANICAL LBP	HEAT THERAPY, STM, LUMBAR TRACTION TECHNIQUE -BACK EXTENSION EXS, SELF BACK CARE
		47/F	KISNIGA	LOWER MOTOR FACIAL PALSY	NEUROMUSCULAR STIMULATION, FACIAL EXERCISES
		55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	WEIGHT BEARING &STRENGTHENING EXERCISES, PNF, GAIT RE-EDUCATION
		36/F	BWERA	MECHANICAL LBP, L5/S1 DISC PROLAPSE	CRYOTHERAPY, STM, SPINAL MANIPULATION, BACK CARE.
WED. 30/03		47/F	KISNIGA	LOWER MOTOR FACIAL PALSY	NEUROMUSCULAR STIMULATION, FACIAL EXERCISES
		59/M	LUHWAHWA	LEFT SIDE HEMIPARESIS FOLLOWING HEMORRHAGIC STROKE	STROKE REHAB INCLUDING; WEIGHT BEARING, GAIT RE-EDUCATION, ELECTRICAL MUSCLE STIMULATION.
		48/F	BUNYARUGURU	EARLY DEG. LUMBAR SPONDYLOSIS	HEAT THERAPY, STM, SPINAL MOBILISATION,
		47/F	KISNIGA	LOWER MOTOR FACIAL PALSY	NEUROMUSCULAR STIMULATION, FACIAL EXERCISES
THURS. 31		36/F	BWERA	MECHANICAL LBP, L5/S1 DISC PROLAPSE	CRYOTHERAPY, STM, SPINAL MANIPULATION, BACK CARE.
		59/M	LUHWAHWA	LEFT SIDE HEMIPARESIS FOLLOWING HEMORRHAGIC STROKE	STROKE REHAB INCLUDING; WEIGHT BEARING, GAIT RE-EDUCATION, ELECTRICAL MUSCLE STIMULATION.
		47/F	KISNIGA	LOWER MOTOR FACIAL PALSY	NEUROMUSCULAR STIMULATION, FACIAL EXERCISES

Table 2: End of month therapist's remarks on prognosis as per 01/04/2016

NAMES	AGE/SEX	ADDRESS	CONDITION	No. OF VISITS	THERAPIST'S REMARKS ON PROGNOSIS
	50 /M	KAMUGOBE	CHEST PAIN + LEFT SIDE HEMIPARESIS 2 ^o STROKE.	5	-improving but continue Therapy
	32/M	RWESORORO	PAINFUL BACK THIGH WITH PIRIFORMIS SYNDROME	1	Did not return
	58/F	KATOHO	LEFT UPPER LIMB HEMIPARESIS	1	Did not return
	47/F	KISINGA	LOWER MOTOR FACIAL PALS	2	Improvement noted
	49/F	KISINGA	LOW BACK PAIN + SCIATICA + REDUCED LORDOTIC CURVE	1	Needs more therapy.
	59/M	LUHWAHWA	LEFT SIDE HEMIPARESIS FOLLOWING HEMORRHAGIC STROKE	6	Great improvement. Compliant patient.
	48/F	BUNYARUGURU – NDKYE	EARLY DEG. LUMBAR SPONDYLOSIS	6	Still complaints of pain but reports good improvement
	25/F	KATUNGURU	POST RADIAL FRACTURE ELBOW STIFFNESS	1	Continue treatment
	⁴ / ₁₂ /M	KAGANDO	CLUBFOOT	2	Improved. But review needed
	62/M	KIREMBE	ANKLE JOINT OA	2	Fair
	14/F	KISINGA	REPAIRED ACHILLE'S TENDON	3	Gaining the strength
	36/F	BWERA	MECHANICAL LBP, L5/S1 DISC PROLAPSE	2	Needs more therapy
	69/M	KINYAMASEKE	-DEGENERATIVE LUMBAR SPONDYLOSIS WITH ANKYLOSIS AT L4/L5/S1	8	Remittent pain. But reports improvement
	⁵ / ₁₂ /M	PAED. WRD	SPASTIC C.P SEC. TO ENCEPHALITIS	4	Ranges of motion improved but more therapy required
	4/12/M	BUNYISWA	CP-SPASTIC	3	Fair improvement
	56/F	KIBURARA	LUMBAR SPONDILITIS	2	Pain still much. Continue Rx
	49/F	KISINGA	LOW BACK PAIN + SCIATICA + REDUCED LODOTIC CURVE	2	More therapy required
	50/F	BWERA	RT. SIDE HEMIPARESIS 20 STROKE	4	Gaining but poor prognosis
	53/M	KYONDO	POST ≠ OLECRANON RT ELBOW JOINT STIFFNESS	3	Gaining ROM well
	45/M	CUSTOMS	-MECHANICAL LBP	2	Fair
	36/F	KARAMBI	P. I DISC L5/S1	1	Did not return for review
	6/F	KINYAMASEKE	CLUB FOOT	2	Improvement noted
	47/F	KISINGA	LOWER MOTOR FACIAL PALS	6	Gaining gradually
	33/F	KHABWHE	MECHANICAL LBP	5	Compliant
	52/M	KAGANDO HOSP.	RT. HIP JOINT STRAIN	1	Got better

	⁴ / ₁₂ /F	BUGHOYE	CLUB FOOT	2	Improving
	6/12/F	MUNTUKH	DYSTONIC C.P	1	Poor state. Intense therapy required
	02/M	KISINGA	SPASTIC C. P DUE TO CEREBRAL MALARIA	4	Poor prognosis. Needs more care
	² / ₁₂ /M	KAMUGHOBE	CLUB FOOT	1	Awaits review
	² / ₂ /M	KIBURARA	INJECTION NEURITIS	1	Awaits review
	11/12/M	KARAMBI	SPASTIC C.P SECONDARY TO BIRTH ASPHYXIA	4	Mother reports some improvement
	55/F	KIREMBO	RT. HEMI PLEGIA SEC. TO STROKE	8	Compliant, improving.
	20/F	KAGANDO	MECHANICAL LBP WITH RT. PELLVIC TILT.	6	Poor results. But reports reduced pain.

Experience gained

I have learnt new ways of applying the different physiotherapy treatment modalities. This includes Manual traction, heat therapy techniques, electrotherapy techniques and manual therapy techniques.

Most interestingly, I am working closely in the same department and in wards with Joyce, an Orthopaedic Officer who is really building my capacity in handling orthopaedic conditions. Surely Joyce God bless you!

Appreciation;

On my own behalf and on behalf of Kagando physiotherapy department I would like to convey my heart felt and sincere thanks to everyone who has made it possible for me to have a placement here at Kagando hospital.

Special thanks to Jackie Fowler and her family, Interface Uganda team and supervisor Mr. Kenneth Pascal Ochom not forgetting the administration of Kagando hospital for the opportunity they have given me to serve in this hospital.

Thank you very much.

May the almighty bless you!

Compiled by; OWEKA PIUS (physiotherapy volunteer student at Kagando hospital).