

### Report about donation from Interface Uganda

Orthoses are commonly referred to as braces, splints or supports and include a wide variety of appliances. Generally, a brace is rigid, and a support is soft or semi-rigid. A splint is a temporary device used to prevent motion at a particular joint. Modern terminology describes orthoses by the joints they span; therefore, a foot orthosis is an FO; an ankle foot orthosis is an AFO; a knee ankle foot orthosis is a KAFO; etc.

Splinting as a therapeutic technique is used for the following purposes: prevent contracture/ deformity, keep the joint in the functional position, stabilize the limb joints, facilitate motor control, decrease spasticity and protect the extremity from injury in the post-operative phase.

Below are some of the case stories of the clients who have benefitted from the splinting materials and orthoses donated by Interface Uganda.

### Patient case stories



8 years old girl with a history of suffering from burns that resulted in contractures, she had contracture release and FTSG done at CoRSU. Splinting was done afterwards to promote healing in corrected position.



10 years old boy with hemiplegia who had wrist contractures and underwent physiotherapy and occupational therapy after which was issued with splint to maintain the new corrected position.

**Comprehensive Rehabilitation Services in Uganda. For People with Disability**

P.O. Box 46, Kisubi, Uganda. Telephone: +256 (0) 794 900 111

Website: [www.corsu.or.ug](http://www.corsu.or.ug) Email: [info@corsu.or.ug](mailto:info@corsu.or.ug)

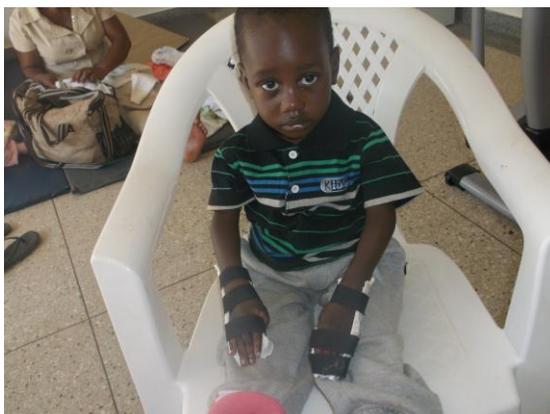


2 years old boy

With obstretic brachial plexus injury; had physiotherapy and splinting of the wrist was done to facilitate hand function



9 years old girl with impairments as a result of a stroke in sickle cell disease; she had physiotherapy and was splinted so as to prevent contracture in the wrist.



2 years old boy with arthrogryptic multiple deformities, had manipulation and casting using plaster of paris and was issued splints to maintain corrected position



13 years old girl with history of osteomyelitis, had a palmer abscess that was drained. She was issued with a splint to prevent MCP joint stiffness.



17 years old girl who had external fixation and bone transport done. After fixation had POP cast for 6 weeks. After removal of POP cast, she was issued with aircast boot to facilitate ambulation and promote ankle joint range of motion.