

Monthly placement report for Byaruhanga Dennis Mugisa at Kagando hospital physiotherapy department.

November; 2014

1.0 Introduction.

Greetings in the name of our lord Jesus Christ, am once again privileged to present to you a brief report for the month of November; 2014. I would be living a virtual and unrealistic life if I continue writing here without saying that, "I am very grateful for your continued support for my stay here at Kagando." I have been here for two months now I am not complaining and I look forward for what is supposed to be my last month (December) on this placement.

There has been various activities including working with the team from UK, I taking a break and back to clinical work at the department and the wards where patients were reviewed and new patients assessed and treated.

1.1 Review major goals.

At the beginning of the month of November I set a major goal to look more at neurological conditions there assessment and treatment but along the way I realized that this was not directly under my control because it depends upon the type of patients that come to the hospital and what conditions they have

1.2 Assessment and treatment.

This has become more and more comfortable for me and I have been able to asses and treat the patients below independently.

No	name	sex	age	Address	Inpatient/Out patient	Physio diagnosis	treatment	prognosis
01		M	72	Kisinga	out	spondylosis	bee	responding
02		M	75	Kamato ndi	out	Frozen shoulder	Mobilization & strenthening	responding
03		M	63	Maliba	out	Mechanical back pain		Good
04		M	3/12	Kinyam aseke	out	Cp		
05		M	2	Kyarum ba	out	cp		Good
06		F	6/12	Musasa	out	Cp	Cp rehab	Fair
07		M	5	Rapcd	out	Cp	Cp rehab	Fair

08		F	4/52	Maliba	out	Congenital knee and foot deformity	Serial casting	responding
09		M	1	Kisinga	out	Cp	Passive exs,active, play, cp seat, cognitive training	fair
10		m	16 /12	Kisinga town	out	Cp	Passive exs,active, play, standing frame, cognitive training	Fair
11		f	2	Katoma bwera	out	Cp	Passive exs,active, play, standing frame, cognitive training	fairs
12		m	7/12	Rwesoro	out	Cp	Passive exs,active, play, cp seat, cognitive training	Fair
13		f	12	Bwera	out	Brain injury	Neurological rehab'n wheel chair	Fair
14		m	7	Mughet e kyarumba	out	Spastic quadriplegic, cp	Passive exs,active, play, standing frame, cognitive training, wheel chair	fair
15		m	32	Kisinga	out	Paraplegia following poliomyelitis	Wheel chair given, wheel chair training	good
16		M	12	Bunyewa	in	Spinal injury	Passive exs,, lumbo-sacro cosset	responding

17		M	41	Kinyabi siki	in	Stiff knee	Knee mobilization, quardiceps strengthening	good
18		m	64	Kitabu	out	Mechanical back pain with sciatica	Lumbar traction, stm, back strengthening exs	good
19		f	50	Kibale	out	Hip joint pain	Heat therapy, hip mobilization and strengthening	good
20		m	40	Kisinga	out	Cervical spondylosis	Heat therapy, cervical mobilization and strengthening	responding
21		F	45	Kagand o ii	out	Knee arthritis	Heat therapy, joint mobilization and limb strenthenig	good
22		f	25	kisinga	out	Mechanical low back pain	Heat therapy, spinal mobilization and strengthening	good
23		m	33	Kitabu	in	General body weakness following long hospitalisati on	General agility exercises, ambulation	Good responding
24		m	35	Kisinga	out	Lower motor facial palsy	Neuro muscular stimulation, stm, facial exercises	responding
25		f	17	Rwesor oro	out	Wrist pain	Stm, wrist mobilization and strengthening	good
26		f	58	Katoho	out	Cervcal spondylosis	Cervical traction, mobilization and strengthening exercises	good

27		f	64	Kabiriizi	out	Severe lumbar spondylosis	Lumber traction, strengthening exercises	fair
28		m	12	Kyondo	out	Facial palsy	Neuromuscular stimulation, facial exercises	responding
29		m	29	Katwe	out	Shoulder stiffness following fractured clavical	Free active exers, shoulder manipulation	good
30		f	60	Kyarumba	out	sciatica	Lumber Traction, rest, heat therapy ,back strengthening exercises and back care education	good
31		f	30	Kisinga	in	HIV induced neuropathy	sssss	fair
32		m	33	Kisinga	out	neuropathy	Neurological rehab	fair
33		f	58	Bwera	out	Left hemiplegia		

1.3 general feel

I feel I am learning a lot from both the clinical and professional aspect of physiotherapy and I must say that my placement here is a life changing fortune and will have tremendous import on my career and of course many lives of patients are being changed too.

I continue to believe that this should continue.

1.4 conclusion

November has been interesting I have achieved the set goal and am looking forward to achieve in December too. I learnt a lot from the team from UK and the books that they left behind have also enriched my knowledge, I am reading them.

My sincere thanks go to everyone involved in this placement

May the almighty god bless you abundantly?

Prepared by; **byaruhanga Dennis mugisa** (physio student volunteer Kagando hospital)